

**OSRESS 2018**

**OUTDOOR SPORTS AND RECREATION EDUCATION SUMMER SCHOOL 2018**

***Recreational Physical Activity in Lithuanian Seaside Resort***

**Klaipeda, Lithuania**

**September 6, 2018**

**Organizers:**

*Department of Physical Education,*

*Klaipėda University , Lithuania*

**in collaboration with:**

*Latvian Academy of Sport Education (LASE)*

*Latvian Association of Outdoor Education and Recreation (LAOER)*

*Jozef Pilsudski University of Physical Education in Warsaw, Faculty of PE in Biala Podlaska, Poland*

*University of Malaga, Spain*

*St.Cyril and St.Methodius University of Veliko Tarnovo, Bulgaria*

*Lithuanian University of Educational Sciences*

*Vilnius University, Lithuania*

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*Latvian Academy of Sport Education (LASE) and*

*Latvian Association of Outdoor Education and Recreation*

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*L*omza State University of Applied Sciences, Poland

***Dr. prof. Oskar Romero Ramos***

*University of Malaga, Spain*

***Dr. prof. Rafael Merino Marban***

*University of Malaga, Spain*

**CONFERENCE PROGRAM**

**9.00-9.30**

*Opening of the conference. Welcome word.*

**9.30-10.05**

*Presentation of universities (each university 5-6 minutes).*

**10.05-10.35**

*Sport science in the framework of the LASE Journal of Sport Science and the Baltic Sport Science Society*

***Dr. prof. Juris Grants (LV)***

***LASE (Latvian Academy of Sport Education)***

**10.35-10.55**

*Measurement of physical activity and component of positive health population EU*

***Dr. assoc. prof. Artur Litwiniuk (PL),***

***dr. prof. Juris Grants (LV),***

***Valdemaras Kavaliauskas (LT)***

**10.55-11.15**

*The adolescents sports tourism in Lithuania: a pedagogical approach*

***Dr. prof. Asta Šarkauskienė(LT)***

***KU (Klaipeda University, Lithuania)***

**11.15-11.35**

*Posture - the mirror of life balance*

***Dr. prof. Ruta Dadeliene (LT)***

***VU (Vilnius University, Lithuania)***

**11.35-11.50**

*Body building and body posture - safe and risky behavior for our spine in daily activities*

***Dr. assoc. prof. Malgorzata Lichota (PL),***

***AWF (Josef Pilsudski University of Physical Education), Biala Podlaska, Poland***

**11.50-12.10**

*Traditional games and plays from southern Podlasie as an element of cultural heritage*

***Dr. assoc.prof. Krzysztof Piech (PL),***

***Dr. assoc. prof. Anna Bodasińska***

***AWF (Josef Pilsudski University of Physical Education), Biala Podlaska, Poland***

**12.10-12.25**

*Vibrostimulation in sport*

***Dr. assist. of prof. Kalvis Ciekurs (LV)***

***LASE (Latvian Academy of Sport Education)***

**12.25-12.45**

*Sports for all event in Lithuania and other recreational physical activities*

***Dr. assoc. prof. Donatas Gražulis (LT)***

***LEU (Lithuanian University of Education Sciences)***

**12.45-13.10**

*Recreation Qualification Program at Masters programme in LASE*

***Dr. assoc. prof. Ivars Kravalis (LV)***

***LASE (Latvian Academy of Sport Education)***

**13.10-13.25**

*Summary of the conference*

*Closing conference*