**OUTDOOR SPORTS AND RECREATION EDUCATION SUMMER SCHOOL 2019**

**Traditional games, tendencies and new ideas in outdoor activities**

Consortium of the Universities:

Jozef Pilsudski University of Physical Education in Warsaw, Faculty of PE in Biala Podlaska, Poland

Latvian Academy of Sport Education, Latvia

University of Malaga, Spain

Department of Physical Education, Klaipėda University, Lithuania

St. Cyril and St. Methodius University of Veliko Tarnovo, Bulgaria

in collaboration with

Latvian Association of Outdoor Education and Recreation

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| 1. | TERM: | 12.09.2019. **THURSDAY** (AFTERNOON ARRIVAL)  **18.09**.2019. WEDNESDAY (MORNING DEPARTURE) |
| 2. | DURATION: | 6 DAYS |
| 3. | TRAVELLING: | 1 DAY ARRIVAL, 1DAY DEPARTURE |
| 4. | LOCATION: | Poland, Academy of Physical Education in Warsaw Faculty in Biala Podlaska |
| 5. | AIM AND SCHEDULE: | * to introduce students with research in field of recreation; * to improve skills of planning and organizing outdoor activities; * to improve cooperation and communication skills by different nation student mutual communication; * to organize and take a part  in outdoor activities. |
|  |  | International Conference of Summer Schools.  Recreation activities in Poland, Łatvia, Lithuania, Bulgaria, Espania.  Health related with outdoor recreation sports.  Outdoor recreation sports, learning of different subjects in outdoors. |
|  |  | European „Festival of Traditional Sports Games and Play – multi-generational  physical activity”. |
|  |  | swimming, cycling, Nordic Walking, beach volleyball, beach handball, street basket. |
|  |  | swimrun, triatlon. |
|  |  | canoes, survival. |
|  |  | International practical classes in secondary schools “Traditional dances”. |
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|  |  | Competitions of e-games or board games. |
| 6. | OFFICIAL LANGUAGE: | ENGLISH |
| 7. | CREDITS AND EVALUATION: | 2 CREDITS  GROUP PRESENTATIONS |
| 8. | CONDITIONS OF SCHOOL ATTENDANCE: | Full-time student of Sport Science, Kinesiology, Physical Education, Recreation |
| 9. | APPLICATION: | Registration online in OSRESS website: **osress.weebly.com**  Early registration is open from 1 June, 2019 |
| 10. | ADMISSION AND FEE: | 210 € (TAX INCLUDED) |
| 11. | ACCOMMODATIONS: | Dormitory “Agat”, 2 Akademicka Street, Biala Podlaska |
|  |  | Full board |
| 12. | INSURANCE: | Not included in price, possible on request |
| 13. | PAYMENT ON: | *Address*: 2 Akademicka Street, 21-500 Biała Podlaska,  *Beneficiary bank:* Bank Pekao SA  *Account No:* code IBAN PL63 1240 2177 1111 0000 3570 3633; code BIC Banku Pekao SA: PKOPPLPW  *Fee code:* Summer School 2019/ participant name  • **REGISTRATION and PAYMENTS UNTIL 15.08.2019**. |
| 14. | PARTICIPANTS: | *Totally 25 students (till 3 students from each University) and 1-2 teacher from each University* |